

Confirmation Information Sheet

This sheet is designed to help you start thinking about who you are going to choose as your sponsor and also which name you would like to choose.

When thinking about who you would like to choose as your Confirmation sponsor, keep a few things in mind. The person you choose cannot be your mother or father, must be at least 16 years old, must be fully initiated into the Catholic Church (been baptized, confirmed and receives Eucharist regularly). Be sure to think about your relationship with this person. Are you comfortable talking to them about your faith? Is this person going to be available for you to talk to them throughout the Confirmation program and beyond? Take some time to brainstorm a couple of names.

Name	Pro	Con
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

When thinking about what name you would like to choose as your Confirmation name, remember you may keep your baptismal name or you may choose the name of a saint. Brainstorm some of your favorite saints. What are your hobbies? See if you can research the patron saint of one of your hobbies or interests. Be sure to familiarize yourself with the life story of the saint who you select.

Possible Confirmation Names:

Why choose this name?

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Candidate's Name _____

Candidate's Sponsor will be: _____

Relationship to Candidate: _____

Why the Candidate chose this person:

Candidate's Confirmation Name will be: _____

Why the Candidate chose this name:

